

ARE YOU LOOKING FOR FOOD?

Food Pantry 2025

<https://capefearcog.org/wp-content/uploads/2024/12/Food-pantry-2025.pdf>



Meals 2025

<https://capefearcog.org/wp-content/uploads/2024/12/Meal-Calendar-2025.pdf>

Where would you like to go?



Senior Transportation

MON, TUE, WED, FRI: 8 AM - 5 PM
THUR: 8 AM - 6:30 PM

(910) 798-6400

2222 SOUTH COLLEGE RD.

Schedule at least 7 days in advance



Services: Free rides to 2 medical appointments and 1 shopping trip per month

Eligibility: Seniors 60+ (non-Medicaid member) or People with Special Needs

Process: Application required (call to apply)

Prepare:

- Proof of residency in New Hanover County (e.g., mail, phone bill, or any document with your address)
- Doctor's or physician's note verifying your disability



Confirmed information as of 11/24



Rides must be scheduled in advance (business days)



Needs approvals from doctors or physicians



Serves people 60+



Serves people with disabilities

A Guide to Regional Transportation

GETTING
A
RIDE

2025





Good Shepherd Transportation

MON TO FRI: 8 AM - 6 PM
(910) 763-4424
811 MARTIN ST.


Schedule at least 2 days in advance



Services:

- Free rides to medical appointments and pharmacies
- Vans available for individuals with disabilities

Eligibility: Frequent (more than 2 weeks) visitors of the night shelter or established Good Shepherd's clients



Fixed-Route Buses (Wave Transit)

MON TO SAT: 6 AM - 9 PM
SUNDAY: 9 AM - 6 PM
(910) 343-0106
OFFICE: 505 CANDO ST.



Services: Regular bus services with designated stops and schedules

Fare:

- Regular fare: \$2.00 per ride.
- Reduced fare: \$1.00 per ride for seniors, students, and individuals with disabilities

Day and monthly passes available at discounted rates

Eligibility: Everyone

<https://www.wavetransit.com/fixed-route-bus-schedule/>

MON TO FRI: 6 AM - 8 PM
(844) 764-1223
or book through RideMICRO app
OFFICE: 505 CANDO ST.



Services:

- On-demand microtransit service with flexible routing and scheduling.
- Operates similarly to rideshare services
- Wheelchair accessible

Fare: \$4.00 per ride

Eligibility: Everyone



Dial-a-Ride Transportation (DART) Wave Transit

MON TO SAT: 6 AM - 9 PM
SUNDAY: 9 AM - 6 PM
(910) 202-2053
OFFICE: 505 CANDO ST.



Schedule at least 2 days in advance

Services: Door-to-door paratransit service for individuals with disabilities

Fare : \$4.00 per person each way

can bring a personal care attendant at no additional charge

Eligibility:

- Individuals with disabilities preventing them from using fixed-route buses
- Must live within 3/4 mile of a fixed bus route.

Process:

- Apply for eligibility through Wave Transit
- Schedule rides in advance by calling the reservation line or emailing ptschedule@wavetransit.com

RideMICRO (Wave Transit)



Wave Pool Vanpool Program (Wave Transit)

MONDAY TO FRIDAY: 6 AM - 7 PM

(910) 343-0106
OFFICE: 505 CANDO ST.



Services: Commuter vanpool service for groups traveling to similar destinations

Fare: Varies based on distance and number of riders; costs are typically shared among passengers

Eligibility: Groups of 5-12 commuters

Process:

- Form a commuter group.
- Apply through Wave Transit's website.

Wave Transit



For information about Wave Transit, please visit this website:
<https://www.wavetransit.com/call>
(910) 343-0106