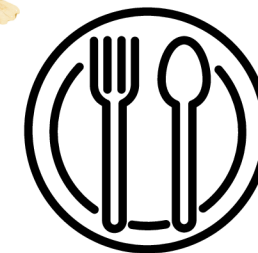


Meals

CALENDAR 2025




BREAKFAST HOURS

SUN	MON	TUES	WED	THURS	FRI	SAT
<p>8:30 - 11 AM</p> <p>GREENFIELD PARK 1739 BURNETT BLVD</p> <p></p>	<p>9 - 11AM</p> <p>FIRST BAPTIST CHURCH 411 MARKET ST. (910) 763-2471</p> <p></p>	<p>10 AM - 1PM</p> <p>LAKE FOREST BAPTIST CHURCH (VIGILANT HOPE) 1626 LAKE BRANCH DR. *Morning shower: 10am - 1pm* * Evening shower: 5 - 7pm * (910) 763-4078</p> <p> </p>	<p>8 - 9AM</p> <p>RICE N BEANS 220 GRACE ST. OLD EMS BUILDING</p> <p></p>	<p>9AM - 4PM</p> <p>FIRST FRUIT MINISTRIES 2750 VANCE ST. (910) 763- 2471</p> <p> </p> <p> </p>	<p>9AM - 12PM</p> <p>ST.JUDE'S MCC 19 N 26TH ST. (910) 762- 5833</p>	<p>8 - 10 AM</p> <p>LAKE FOREST BAPTIST CHURCH (VIGILANT HOPE) 1626 LAKE BRANCH DR. * Shower From 8 - 10 AM * (910) 763-4078</p> <p> </p>
	<p>9AM - 1PM</p> <p>LIVING HOPE DAY CENTER 411 MARKET ST. (910) 762-4882</p>		<p>11AM</p> <p>LIVING HOPE DAY CENTER 411 MARKET ST. (910) 762-4882</p> <p></p>			<p>10AM - 12PM</p> <p>FIRST FRUIT MINISTRIES 2750 VANCE ST. (910) 763- 2471</p> <p> </p> <p> </p>
	<p>10AM - 12PM</p> <p></p> <p>FIRST FRUIT MINISTRIES 2750 VANCE ST. (910) 763- 2471</p> <p> </p> <p> </p>		<p>10AM - 1PM</p> <p>FIRST FRUIT MINISTRIES 2750 VANCE ST. (910) 763- 2471</p> <p> </p> <p> </p>			

Please turn to the last page for a detailed map view.

LUNCH HOURS



SUN	MON	TUES	WED	THURS	FRI	SAT
<p>11 AM</p> <p>GREENFIELD PARK 1739 BURNETT BLVD</p> <p>✓</p>	<p>11 - 12PM</p> <p>GOOD SHEPHERD SOUP KITCHEN 811 MARTIN ST. (910) 763-4424</p> <p>✓</p>	<p>11 - 12PM</p> <p>GOOD SHEPHERD SOUP KITCHEN 811 MARTIN ST. (910) 763-4424</p> <p>✓</p>	<p>11 - 12PM</p> <p>GOOD SHEPHERD SOUP KITCHEN 811 MARTIN ST. (910) 763-4424</p> <p>✓ </p>	<p>11 - 12PM</p> <p>GOOD SHEPHERD SOUP KITCHEN 811 MARTIN ST. (910) 763-4424</p> <p>✓</p>	<p>11 - 12PM</p> <p>GOOD SHEPHERD SOUP KITCHEN 811 MARTIN ST. (910) 763-4424</p> <p>✓</p>	<p>11:30 AM</p> <p>GREENFIELD PARK 1739 BURNETT BLVD</p> <p>✓</p>
<p>1PM</p> <p>CHURCH WITHOUT WALLS 1401 GREENFIELD ST. (910) 540-7589</p> <p>✓</p>	<p>12 - 2PM</p> <p>PINE VALLEY CHURCH OF GOD 3810 SHIPYARD BLVD (910) 791-8253</p> <p>✓</p>		<p>11:30AM</p> <p>GREENFIELD PARK 1739 BURNETT BLVD</p> <p>✓</p>		<p>11:30AM</p> <p>GREENFIELD PARK 1739 BURNETT BLVD</p> <p>✓</p>	

Need food for your pet?

HEIDI'S HOPE FOR HOMELESS ANIMAL
Pet Food Bank and Pet Meals on Wheels
 Mail or Email to sign up!
 Email: info@heidishopeforhomelessanimals.com
 Mailing Address: 1121 Military Cutoff Road, Suite C-214, Wilmington NC 28405
 Link: <https://www.heidishopeforhomelessanimals.com/>



DINNER HOURS

SUN	MON	TUES	WED	THURS	FRI	SAT
	<p>6:30PM</p> <p>ST. PAUL LUTHERAN 12 N 6TH ST. (910) 762-4882</p> <p>✓</p>	<p>5 - 7:30PM</p> <p>FIRST BAPTIST CHURCH 411 MARKET ST. *Evening shower: 5 -7 pm* (910) 763-2471</p> <p>✓ </p>	<p>5:30PM</p> <p>GREENFIELD PARK 1739 BURNETT BLVD</p> <p>✓</p>	<p>6 - 7:30PM</p> <p>THE ROASTERY 24 S.16TH STREET POTLUCK DINNER (bring something or help with the set up)</p> <p>✓</p>	<p>3 - 5PM</p> <p>MT.ZION AME 1111 N 5TH AVE (910) 763-2660</p> <p>✓ </p>	
		<p>7PM</p> <p>PARKING LOT 5TH AND GREENFIELD</p> <p>✓</p>				

✓ Confirmed information as of 11/2024



Calls for shuttle to pick up



Provides laundry



Offers shower



Gives out free groceries

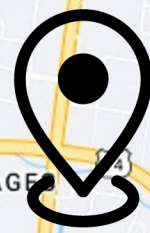


Gives out clothes



Women only

MAP OF MEAL LOCATIONS



1. First Baptist Church
2. Living Hope Day Center
3. Lake Forest Baptist Church (Vigilant Hope)
4. Rice N Beans
5. First Fruit Ministries
6. St. Jude's MCC
7. Greenfield Park
8. Church Without Walls
9. Good Shepherd Soup Kitchen
10. Pinevalley Church of God
11. St. Paul Lutheran
12. The Roastery
13. Mt. Zion AME
14. Parking Lot

NOURISH NC
 OPEN MONDAY TO FRIDAY
 9AM - 5PM
 3606 MARKET ST
 (910) 465-0995



WEEKEND MEALS ON WHEELS
 HOME DELIVERY MEALS
 CALL: (910) 612-0676

- The Backpack Program provides food insecure children, pre-K through 5th grade, with three nutritious meals a day.
 - The Market on Market (The MoM) is a full-service grocery store.
 - The Food Farmacy Program provides non-perishable and fresh food items.
- Provides nutritious meals and social contact to senior on weekends and other days not covered by the weekday Meals program.

Email:
weekendmealsonwheels@hotmail.com