



HOME HAZARDS CHECKLIST

KITCHEN

- Well lit area and light switch is easily accessible
- Use night light or motion sensor lights
- Fire extinguisher (check expiration date!)
- Smoke detector and carbon monoxide alarms (check batteries!)
- Non skid rug in front of sink to prevent wet floors
- Frequently used items placed within reach

BATHROOM

- Shower is accessible and has at least one grab bar (two preferred)
- Rug for getting out of bath has non slip backing
- Well lit and has night light or motion sensor light
- Toilet is the correct height
- Door handle can be unlocked from both sides
- Non slip mat inside tub or shower

LIVING AREAS

- Lights are easy to reach and use.
- Floors are free of clutter, electrical cords are out of the way, and no low tables in the way.
- Phone with emergency contacts posted nearby (& charger!)
- Furniture is stable and in good condition.

BEDROOMS

- Bed is easily accessible (getting & out of)
- Lights/light switches are accessible
- Carbon Monoxide alarm (check batteries!)
- Floor is free from electrical cords, rugs, and other clutter
- Night light near bed and door (for nighttime bathroom visits!)
- Phone nearby incase of emergency



OUTDOOR AREAS

- Clear and even walkway from driveway to door
- Motion detection lights
- Door is in good condition and can be easily opened and closed
- Door has a lock and deadbolt
- Door mat lies flat and in good condition
- Stairs have a handrail (from top to bottom) and non slip tread covers
- Stairs are well lit
- Stairs are even and allow secure footing
- Door bell works
- Ramp if needed

GENERAL SAFETY

- Door handles are easy to use
- Uneven floors marked with bright colored tape
- Medication is stored properly
- Medical alert system with fall detection that will call emergency contacts if activated (don't forget the charger!)
- Extension cords or lamp cords are not placed in the flow of traffic
- Furniture is arranged for flow of traffic and making outlets available
- All rugs have non slip rubber backing (check periodically if needs to be replaced)
- Maximum wattage light bulbs recommended

