

## HOUSING AND SHELTER SERVICES

- ❖ **The Arc of NC (Wilmington)**  
910-791-9022. 5041 New Centre Drive # 100  
M-F: 8:30am-5pm. Assists people with intellectual and developmental disabilities. Permanent supportive housing also available to chronically homeless men and women.
- ❖ **A Safe Place**  
855-723-7529 (Anonymous line). 921 Princess St Suite 100; Hotline: 24/7 Emergency Shelter: 24/7 for trafficking emergencies  
A Safe Place works with sex trafficking victims and those who have been commercially sexually exploited. We offer a 24/7 hotline, Trauma Focused 30 day Emergency Shelter for victims in crisis and their children, substance abuse program, trauma therapy and life skills.
- ❖ **Domestic Violence Shelter & Services, Inc.**  
910-343-0703. 2901 Market Street (NOT shelter address)  
Support, advocacy, emergency shelter, 24-hr crisis intervention, support and empowerment groups.
- ❖ **Family Promise of the Lower Cape Fear**  
910-769-4730. 20 N. 4<sup>th</sup> Street, Suite 440.  
Emergency shelter for families with at least one child under the age of 17; transitional housing for victims of domestic violence.
- ❖ **First Fruit Ministries**  
910-794-9656. 2750 Vance Street  
5.11 House: human trafficking victims (men, women and families).  
**Shelter Services:** Call for Days. For unsheltered homeless: free hot showers, laundromat, MedNorth medical, help with housing/services, dinner.
- ❖ **Good Shepherd Day/Night Shelter**  
910-763-4424. 811 Martin Street  
M-F: 8am-3:30pm. Registration D/N: M-F: 8am-3:30pm. Day: M-F: 8am-3:30pm, Night M-SU: 4:30-6pm check-in. *Must have ID.* Open to men, women, & families. Showers, clothing, case mgmt.
- ❖ **Open House Youth Shelter (of Coastal Horizons Center)**  
910-392-7408, 910-617-0909 (call or text). 615 Shipyard Blvd. 24-hour access emergency shelter for youth ages 6-18.
- ❖ **The Salvation Army of Wilmington**  
910-363-0076 820 N. 2<sup>nd</sup> Street – Intake 9a-3:30p every day.  
Must have valid ID, background check, dry shelter. Men, women, limited family room.

## HEALTH AND MEDICAL SERVICES

- ❖ **Cape Fear Clinic**  
*Call first: 910-343-8736. 1605 Doctors Circle*  
Free clinic for those who qualify; *must be prescreened.*  
M- F: 8:30am-4:30pm
- ❖ **Good Shepherd Clinic**  
910- 763-4424 x107, 811 Martin Street  
M, T, TH, F: 7:30am-11:30am, W: 4-7pm.  
Free clinic for registered Good Shepherd shelter clients.
- ❖ **Horizon's Health Primary Care**  
910-202-3860, Fax:910-202-3862, 613 Shipyard Blvd. Suite 106 Wilmington, NC 28412  
Mon-Thur 8:30am-5:00pm & Fri 8:30am – 1:00pm.  
Primary care services. Walk-ins accepted.
- ❖ **Lifeline Pregnancy Center**  
910-392-0001. 4522 Fountain Drive  
M-W: 9:00am-3:30pm, TH: 9am-last appt. By appointment only; call first. Emergency needs: diapers and formula; pregnancy tests.
- ❖ **New Hanover Community Health Center (Med North)**  
910-343-0270. 925 N. 4<sup>th</sup> Street  
M, T, F: 8-5pm; W, TH: 8-8pm; SA: 9-3.
- ❖ **New Hanover County Health Department**  
910-798-3400. 1650 Greenfield ST  
M, W, TH, F: 8-5, T: 8-6. – walk-ins/appointments. Testing: HIV, TB, STDs, family planning, well child, immunizations, breast cervical cancer program
- ❖ **New Hanover County Regional Medical Center/ER/Clinic**  
910-343-7000. 2131 S. 17<sup>th</sup> Street  
Health and emergency services; testing: HIV, TB, STDs; family planning. Sliding scale fee.  
**VitaLine: 888-815-5188.** Free and confidential information from a registered nurse and physician referrals.
- ❖ **Planned Parenthood**  
910-762-5566.  
T, TH: 1pm-7pm, W, F, S: 9am-1pm  
Women's and men's health services; testing: HIV, TB, STDs; contraception and family planning.

## MENTAL HEALTH/SUBSTANCE ABUSE SERVICES

- ❖ **Wilmington Health Access for Teens of Coastal Horizons (WHAT)** 910-790-9949, 4005 Oleander Drive & Ashley, Laney, New Hanover, Hoggard High Schools  
M-Th 8:30am-6:30pm. Extended Hours and walk-Ins welcome.
- ❖ **Alcoholics Anonymous (Wilmington)**  
910-794-1840. *Call for meeting locations.*  
24/7 line for AA, NA, and related meeting locations, programs, and assistance.
- ❖ **A Helping Hand of Wilmington**  
910-796-6868.  
M-F: 8:30am-5pm. Mental health and substance abuse services; Wilmington and Leland.
- ❖ **Coastal Horizons Center**  
615 Shipyard Blvd.  
**Rape Crisis Center: 910-392-7460**, counseling, referrals  
**Substance Abuse Services: 910-343-0145**, counseling, groups  
**TASC: 910-762-5333**, screen, refer, criminal justice.
- ❖ **Delta Behavioral Health**  
910-343-6890. 1606 Physicians Drive, Suite 104  
Mental health and substance abuse services. Insurance Required.
- ❖ **Integrated Family Services**  
910-444-4191. 1602 Physicians Drive, Unit 101  
**MOBILE CRISIS TEAM: 1-866-437-1821**  
Mental health services: therapists and psychiatrists
- ❖ **Physician Alliance for Mental Health (PAMH)**  
910-794-3929. 3208 Oleander Drive  
M-F: 8:30am-5pm. Mental health services.
- ❖ **PORT Health**  
910-763-6499. *Crisis Hotline: 866-488-7678. 2206 Wrightsville Ave.*  
Critical Access Behavioral Health Agency (CABHA) offering mental health and substance abuse services. Walk-ins welcome.
- ❖ **Recovery Resource Center, Inc.**  
910-769-7064. Email: [PureRecoveryResourceCenter@outlook.com](mailto:PureRecoveryResourceCenter@outlook.com)  
M-F: 10:00-2:00 "A safe place for free help." Peers helping peers with mental health and/or substance use challenges.

## MENTAL HEALTH/SUBSTANCE ABUSE SERVICES

- ❖ **RHA Health Services**  
910-632-2191. *Crisis line: 855-345-1200.*  
*Mobile Crisis team: 1-844-709-4097.*  
*Office: 910-332-5734.*  
RHA Mobile Crisis: 24/7--Anyone experiencing a crisis due to mental health, developmental disabilities, or addiction issues. Mental health and substance abuse services: M-F: 8am-7pm, S: 10am-6pm – walk-in psychiatric clinic. **Call the office number to receive supports for individuals with hearing loss with mental health and substance abuse services for the deaf and hard of hearing.**
- ❖ **RI International - Wilmington**  
910-399-3149  
M-F: 9:00-5:00  
Outpatient mental health services for individuals 18+ through individual/Group Peer Support and Individual//Group Therapy services. Currently accepting Medicaid, Medicare and uninsured.
- ❖ **Trillium Health Resources**  
24 hr. *Access Line: 1.877.685.2415. 3809 Shipyard Blvd.*  
Mental health, developmental disabilities, and substance abuse services. Access line provides 24-hr links and referrals.
- ❖ **Wilmington Treatment Center**  
877-762-3750. 2520 Troy Drive  
Facility open 24/7, front desk hours M-F: 7:30-10:30pm, S-SU 9:00–9:00pm. Inpatient detox services for adults with private insurance, Medicare, and self-pay.

