

**Caregiver Support Groups -
Alzheimer's & Related Dementia**

BRUNSWICK COUNTY

Brunswick Center at Supply
101 Stone Chimney Road
Supply, NC
2nd Thursday 2:00PM-3:30PM
Melissa Starr 910-754-23001
Mstarr@bsrinc.org

St. Peter Lutheran Church Southport
3rd Wednesday 1:00PM
Vicki Carlson bfairy65@gmail.com
Barbara Grever begrever@gmail.com

NEW HANOVER COUNTY

Cape Fear Area Agency on Aging
1st Tuesday 12:00PM
NE Library Pine Room
Holly Pilson 910-274-0339
hpilson@capefearcog.org

"Forget-Me-Knot"
For persons with memory impairment
and their caregivers
Registration Req.

3rd Wednesday 10:00AM
Andrew Zeldin 910-798-6445
azeldin@nhcgov.com
Holly Pilson 910-274-0339
hpilson@capefearcog.org

Let's Talk About It! (Open Forum)
Home Instead Senior Care
2505 S. 17th St., Suite 100
Wilmington, NC
1st Friday 2:00PM – 3:00PM
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Unity Church on Orchard
Unity Christ Church
717 Orchard Ave Rm 202
Enter through door facing garage
3rd Monday 5:30PM- 6:45PM
Carol Wise, MSW, CDCP
336-558-6539
carolwise01@gmail.com

Unitarian Universalist Church
4313 Lake Ave., Classroom 1
Wilmington, NC
4th Wednesday 1:00PM – 2:00PM
Carol Wise 336-558-6539
336-558-6539
carolwise01@gmail.com

PENDER COUNTY

Arbor Landing
13937 US-17
Hampstead, NC
4th Wednesday 4:00PM
Ann LaReau 910-859-4607

Livingstone's Tabernacle
127 Sloop Point Rd.
Hampstead, NC
2nd Monday 1:00PM – 2:00PM
Hosted by Home Instead
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Chronic Pain

NEW HANOVER COUNTY

"Supporting Balance" Chronic Pain
Support Group
Balance Integrative Care
2202 Wrightsville Avenue, Suite 211
Wilmington, NC
3rd Thursday of every month
11:00AM – 12:00PM
Sarah Brownlee 910-232-5778
balanceintegrativecare.com

**General Caregiver Support Groups All
Caregivers Welcome**

BRUNSWICK COUNTY

The Brunswick Center at Leland
121 Town Hall Drive
Leland, NC
2nd & 4th Thursday 10:00AM-11:30AM
Eileen Scanlon (516) 510-8925
eileenscanlon@gmail.com

Arbor Landing at Ocean Isle
5490 Arbor Branch Drive (2nd floor)
Shallotte, NC
2nd Thursday 6:00PM
Peggy Haughey 910-754-8080

The Brunswick Center of Shallotte
2nd floor Meeting Room
Shallotte, NC
Every Tuesday 10:00AM-11:00AM
Anne Gass 910-754-2300

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
4th Wednesday 10:00AM-11:30AM
Beth Caragol 910-471-1271
Cyndy Wallhauser 910-754-2300

The Brunswick Center at Calabash
10050 Beach Drive, Calabash, NC
2nd Wednesday 2:00PM – 3:00PM
Holley Norris 910-754-7427 x 1301
hnormis@bsrinc.org

NEW HANOVER COUNTY

The NHC Senior Resource Center
2222 S. College Rd. Wilmington
Wilmington, NC
3rd Monday 1:30PM
Bart Canny 910-798-6402
bcanny@nhcgov.com

The Commons at Brightmore of Wilmington
2320 41st St.
Wilmington, NC
2nd Monday 11:45AM light lunch
Marianna Stacy 910-512-9948

The NHC Senior Resource Center
Creative Outlet Support Group "a place
to create with other family caregivers"
Limited Space
2nd Tuesday 1:00PM
Becky Hayes 910-798-6435

Parkinson's & Lewy Body Dementia

BRUNSWICK COUNTY

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
2nd Tuesday 9:30AM
David Palmer 860-377-9663
Mike Haase 910-253-6025
ddpalmer1943@gmail.com

North Brunswick Parkinson's Support
Group at Compass Pointe (Fitness
Center) 8178 Compass Pointe East
Wynd NE, Leland, NC
2nd Monday 1 PM
John Ferry 908-406-1410
john.ferry17@gmail.com

NEW HANOVER COUNTY

www.parkinsonandlewybody.org
NHC Senior Resource Center
2222 S. College Rd.
Wilmington, NC
4th Tuesday 1:30PM
Jill Davenport 910-512-5976
jill.davenport7@icloud.com

Let's Talk About It! (Open Forum)
Home Instead Senior Care
2505 S. 17th St., Suite 100
Wilmington, NC
1st Friday 2:00PM – 3:00PM
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Cancer

BRUNSWICK COUNTY

Cancer (all)
R.I.S.E. (Resilient, Informed, Strong & Extraordinary)
St. James (contact for location)
2nd Tuesday & 3rd Wednesday 10:00AM
Susan Werlinich 614-323-8729
Swerlinich50@gmail.com

NEW HANOVER COUNTY

Prostate Cancer Support
NHRMC – auditorium
Wilmington, NC
1st Thursday 6:00PM
George Gardner 910-762-9953
ggar104641@aol.com
wtroscasupportgp@aol.com
wilmingtonprostatecancersupportgroup.com
Henry Lathrop 910-799-5478

Breast Cancer
Lumps to Laughter
530 Causeway Drive, Suite F2
Wrightsville Beach, NC
2nd Thursday 5:30PM
Connie D. Hill 910-617-4455
www.LumpstoLaughter.org

Multiple Sclerosis - MS

NEW HANOVER COUNTY

Wilmington MS Support Group
NHRMC Rehabilitation Hospital
2131 South 17th St.
Wilmington, NC
Open to anyone with MS & Friends/Family
2nd Thursday at 7:00PM
Lisa Burns 910-399-7252
Burns186@yahoo.com
Burt Masters 910-383-1368
happyheim@peoplepc.com

Blind/Visually Impaired

NEW HANOVER COUNTY

No meeting in Jan
Mar – Dec New Hanover County Senior Ctr.
2222 S. College Rd.
Wilmington, NC
Feb –Apr Jumpin Run Club
1801 Jumpin Run
Wilmington, NC
1st Thursday 10:00AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

NEW HANOVER COUNTY

(Macular Degeneration) more clinical than social
Wesley United Methodist Church
1401 S. College Rd.
Wilmington, NC
2nd Wednesday 10:30AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

Grief

NEW HANOVER COUNTY

Lower Cape Fear Hospice website:
www.hospiceandlifecarecenter.org
910-796-7900

Beyond the Grief
Wilmington Funeral & Cremation Chapel
1535 S. 41st St.
Wilmington, NC
4th Tuesday 1:00PM
Crystal Treanor 910-624-8664
crystaltreanor@wilmingtoncares.com

Compassionate Friends for parents who have lost a child (of any age) & siblings who have lost a sibling
Oleander Methodist Church
5810 Oleander Drive Wilmington
3rd Monday 7:30 PM
Jeff Johnson 910-686-1953

Facing Forward
<https://www.andrewsmortuary.com/page/facing-forward>
910-762-7788

PENDER COUNTY

Sip & Share
Continuum Home Care & Health
16717 US Highway 17 Suite 206
Hampstead, NC
3rd Thursday 11:00AM – 12:00PM
Amiee Krysczynski 910-270-9212

Mental Illness

NEW HANOVER COUNTY

NAMI (National Alliance on Mental Illness)
Caring & Sharing Support Group
Winter Park Presbyterian Church
4501 Wrightsville Avenue 2nd floor
Wilmington, NC
910-772-3074
2nd Monday 7:00PM-8:30PM
www.namiwilmington.org

Mental Health Caregiver Support
NHC Senior Resource Ctr. Craft Room 3
2222 South College Rd.
Wilmington, NC
4th Tuesday 1:30 PM
Bart Canny 910-798-6402
bcanny@nhcgov.com

NAMI (National Alliance on Mental Illness)
Connections Recovery and Support Group
Wednesdays 3:30PM – 5:00PM
NHRMC
Behavioral Health Unit (formerly The Oaks)
2131 South 17th St.
Wilmington, NC
910-722-3074
www.namiwilmington.org

Aphasia

NEW HANOVER COUNTY

Aphasia Conversations Group
New Hanover Public Library
1241 Military Cutoff Road
Wilmington, NC
Dates vary. Please contact *MaryAnn Fiume* for details to join the group at 516-448-3061 or MaFiume@aol.com
For information about the group please
Erika Yourkiewicz 910-465-6766
Erika.Yourkiewicz@NHRMC.org

Stroke

NHRMC Rehabilitation Hospital
Lobby Classroom
3rd Tuesday every other month
Feb., April, June, Oct., and Dec.
Pam Davis 910-667-5617
Pam.Davis@nhrmc.org
Sarah Bentley 910-667-5206
Sarah.bentley@nhrmc.org