

**Caregiver Support Groups -
Alzheimer's & Related Dementia**

BRUNSWICK COUNTY

Brunswick Center at Supply
101 Stone Chimney Road
Supply, NC
2nd Thursday 2:00PM-3:30PM
Melissa Starr 910-754-23001
Mstarr@bsrinc.org

St. Peter Lutheran Church Southport
3rd Wednesday 1:00PM
Vicki Carlson bfairy65@gmail.com
Barbara Grever begrever@gmail.com

Strategic Behavioral Center in Leland
2050 Mercantile Dr.
Leland, NC
1st Wednesday 1:00PM – 2:00PM
Hosted by Home Instead
Anne Rostan 910-342-0455
Anne.rostan@homeinstead.com

NEW HANOVER COUNTY

Cape Fear Area Agency on Aging
1st Tuesday 12:00PM
Holly Pilson 910-274-0339
hpilson@capefearcog.org

Forget-Me-Know Early Stages Memory
Impairment
For persons with and their caregivers
Registration Req.
3rd Wednesday 10:00AM
Andrew Zeldin 910-798-6445
azeldin@nhcgov.com
Holly Pilson 910-274-0339
hpilson@capefearcog.org

Home Instead Senior Care
2505 S. 17th St., Suite 100
Wilmington, NC
1st Thursday 1:00PM – 2:00PM
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Unity Church on Orchard
Unity Christ Church
717 Orchard Ave Rm 202
Enter through door facing garage
3rd Monday 5:30PM- 6:45PM
Carol Wise, MSW, CDCP
336-558-6539
carolwise01@gmail.com

PENDER COUNTY

Arbor Landing
13937 US-17
Hampstead, NC
DAY?? 6:30PM
Ann LaReau 910-859-4607

Livingstone's Tabernacle
127 Sloop Point Rd.
Hampstead, NC
2nd Monday 1:00PM – 2:00PM
Hosted by Home Instead
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Chronic Pain

NEW HANOVER COUNTY

“Supporting Balance” Chronic Pain
Support Group
Balance Integrative Care
2202 Wrightsville Avenue, Suite 211
Wilmington, NC
3rd Thursday of every month
11:00AM – 12:00PM
Sarah Brownlee 910-232-5778
balanceintegrativecare.com

**General Caregiver Support Groups All
Caregivers Welcome**

BRUNSWICK COUNTY

The Brunswick Center at Leland
121 Town Hall Drive
Leland, NC
2nd & 4th Thursday 10:00AM-11:30AM
Eileen Scanlon (516) 510-8925
eileenscanlon@gmail.com

Arbor Landing at Ocean Isle
5490 Arbor Branch Drive (2nd floor)
Shallotte, NC
2nd Thursday 6:00PM
Peggy Haughey 910-754-8080

The Brunswick Center of Shallotte
2nd floor Meeting Room
Shallotte, NC
Every Tuesday 10:00AM-11:00AM
Anne Gass 910-754-2300

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
4th Wednesday 10:00AM-11:30AM
Beth Caragol 910-471-1271
Rene` Tarquinio 910-454-0583

The Brunswick Center at Calabash
10050 Beach Drive, Calabash, NC
2nd Wednesday 2:00PM – 3:00PM
Holley Norris 910-754-7427 x 1301
hnorris@bsrinc.org

NEW HANOVER COUNTY

The NHC Senior Resource Center
2222 S. College Rd. Wilmington
Wilmington, NC
3rd Monday 1:30PM
Bart Canny 910-798-6402
bcanny@nhcgov.com

The Commons at Brightmore of Wilmington
2320 41st St.
Wilmington, NC
2nd Monday 11:45AM light lunch
Marianna Stacy 910-512-9948

The NHC Senior Resource Center
Creative Outlet Support Group “a place
to create with other family caregivers”
Limited Space
2nd Tuesday 1:00PM
Becky Hayes 910-798-6435

Parkinson's & Lewy Body Dementia

BRUNSWICK COUNTY

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
2nd Tuesday 9:30AM
David Palmer 860-377-9663
Mike Haase 910-253-6025
ddpalmer1943@gmail.com

North Brunswick Parkinson's Support
Group at Compass Pointe (Fitness
Center) 8178 Compass Pointe East
Wynd NE, Leland, NC
2nd Monday 1 PM
John Ferry 908-406-1410
john.ferry17@gmail.com

NEW HANOVER COUNTY

www.parkinsonandlewybody.org
NHC Senior Resource Center
2222 S. College Rd.
Wilmington, NC
4th Tuesday 1:30PM
Jill Davenport 910-512-5976
jill.davenport7@icloud.com

Cancer

BRUNSWICK COUNTY

Cancer (all)
R.I.S.E. (Resilient, Informed, Strong & Extraordinary)
St. James (contact for location)
2nd Tuesday & 3rd Wednesday 10:00AM
Susan Werlinich 614-323-8729
Swerlinich50@gmail.com

NEW HANOVER COUNTY

Prostate Cancer Support
NHRMC – auditorium
Wilmington, NC
1st Thursday 6:00PM
George Gardner 910-762-9953
ggar104641@aol.com
wtroscasupportgp@aol.com
wilmingtonprostatecancersupportgroup.com
Henry Lathrop 910-799-5478

Breast Cancer
Lumps to Laughter
530 Causeway Drive, Suite F2
Wrightsville Beach, NC
2nd Thursday 5:30PM
Connie D. Hill 910-617-4455
www.LumpstoLaughter.org

Multiple Sclerosis - MS

NEW HANOVER COUNTY

Wilmington MS Support Group
NHRMC Rehabilitation Hospital
2131 South 17th St.
Wilmington, NC
Open to anyone with MS & Friends/Family
2nd Thursday at 7:00PM
Lisa Burns 910-399-7252
Burnsl86@yahoo.com
Burt Masters 910-383-1368
happyheim@peoplepc.com

Blind/Visually Impaired

NEW HANOVER COUNTY

No meeting in Jan
Mar – Dec New Hanover County Senior Ctr.
2222 S. College Rd.
Wilmington, NC
Feb –Apr Jumpin Run Club
1801 Jumpin Run
Wilmington, NC
1st Thursday 10:00AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

NEW HANOVER COUNTY

(Macular Degeneration) more clinical than social
Wesley United Methodist Church
1401 S. College Rd.
Wilmington, NC
2nd Wednesday 10:30AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

Grief

NEW HANOVER COUNTY

Lower Cape Fear Hospice website:
www.hospiceandlifecarecenter.org
910-796-7900

Beyond the Grief
Wilmington Funeral & Cremation Chapel
1535 S. 41st St.
Wilmington, NC
4th Tuesday 1:00PM
Crystal Treanor 910-624-8664
crystaltreanor@wilmingtoncares.com

Compassionate Friends for parents who have lost a child (of any age) & siblings who have lost a sibling
Oleander Methodist Church
5810 Oleander Drive Wilmington
3rd Monday 7:30 PM
Jeff Johnson 910-686-1953

Facing Forward
<https://www.andrewsmortuary.com/page/facing-forward>
910-762-7788

PENDER COUNTY

Sip & Share
Continuum Home Care & Health
16717 US Highway 17 Suite 206
Hampstead, NC
3rd Thursday 11:00AM – 12:00PM
Amiee Kryszczynski 910-270-9212

Mental Illness

NEW HANOVER COUNTY

NAMI (National Alliance on Mental Illness)
Caring & Sharing Support Group
Winter Park Presbyterian Church
4501 Wrightsville Avenue 2nd floor
Wilmington, NC
910-772-3074
2nd Monday 7:00PM-8:30PM
www.namiwilmington.org

Mental Health Caregiver Support

NHC Senior Resource Ctr. Craft Room 3
2222 South College Rd.
Wilmington, NC
4th Tuesday 1:30 PM
Bart Canny 910-798-6402
bcanny@nhcgv.com

NAMI (National Alliance on Mental Illness)
Connections Recovery and Support Group
Wednesdays 3:30PM – 5:00PM
NHRMC
Behavioral Health Unit (formerly The Oaks)
2131 South 17th St.
Wilmington, NC
910-722-3074
www.namiwilmington.org

Aphasia

NEW HANOVER COUNTY

Aphasia Conversations Group
New Hanover Public Library
1241 Military Cutoff Road
Wilmington, NC
Dates vary. Please contact MaryAnn or Dennis Fiume for details to join the group at 516-448-3061 or MaFiume@aol.com
For information about the group please contact Erika Yourkiewicz at NHRMC 910-465-6766 or Erika.Yourkiewicz@NHRMC.org