

Caregiver Support Groups - Alzheimer's & Related Dementia

BRUNSWICK COUNTY

Brunswick Center at Supply
101 Stone Chimney Road
Supply, NC
2nd Thursday 2:00 PM-3:30 PM
Melissa Starr 910-754-23001
Mstarr@bsrinc.org

St. Peter Lutheran Church Southport
3rd Wednesday 1:00 PM
Vicki Carlson bfairy65@gmail.com
Barbara Grever begrever@gmail.com

Strategic Behavioral Center in Leland
2050 Mercantile Dr.
Leland, NC
1st Wednesday 1:00 PM – 2:00 PM
Hosted by Home Instead
Anne Rostan 910-342-0455
Anne.rostan@homeinstead.com

NEW HANOVER COUNTY

Cape Fear Area Agency on Aging
1st Tuesday 12:00 PM
Holly Pilson 910-274-0339
hpilson@capefearcog.org

Forget-Me-Know Early Stages Memory
Impairment
For persons with and their caregivers
Registration Req.
3rd Wednesday 10:00 AM
Andrew Zeldin 910-798-6445
azeldin@nhcgov.com
Holly Pilson 910-274-0339
hpilson@capefearcog.org

Visiting Angels
3205 Randall Parkway, Suite 111
Wilmington, NC
3rd Wednesday 1:00PM & 6:00PM
Ann LaReau 910-859-4607
annlareau@ec.rr.com

Home Instead Senior Care
2505 S. 17th St., Suite 100
Wilmington, NC
1st Thursday 1:00 PM – 2:00 PM
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Unity Church on Orchard
3rd Monday 5:30 PM- 6:45 PM
Unity Christ Church
717 Orchard Ave Rm 202
Enter through door facing garage
Carol Wise, MSW, CDCP
336-558-6539
carolwise01@gmail.com

PENDER COUNTY

Livingstone's Tabernacle
127 Sloop Point Rd.
Hampstead, NC
2nd Monday 1:00 PM – 2:00 PM
Hosted by Home Instead
Anne Rostan 910-342-0455
Anne.Rostan@homeinstead.com

Chronic Pain

NEW HANOVER COUNTY

"Supporting Balance" Chronic Pain
Support Group
3rd Thursday of every month
11:00 AM – 12:00 PM
Balance Integrative Care
2202 Wrightsville Avenue, Suite 211
Wilmington, NC
Sarah Brownlee 910-232-5778
balanceintegrativecare.com

General Caregiver Support Groups All Caregivers Welcome

BRUNSWICK COUNTY

The Brunswick Center at Leland
121 Town Hall Drive
Leland, NC
2nd Thursday 10:00 AM-11:30 AM
Eileen Scanlon (516) 510-8925
eileenscanlon@gmail.com

Arbor Landing at Ocean Isle
5490 Arbor Branch Drive (2nd floor)
Shalotte, NC
2nd Thursday 6:00 PM
Peggy Haughey 910-754-8080

The Brunswick Center of Shallotte
2nd floor Meeting Room
Shalotte, NC
Every Tuesday 10:00 AM-11:00 AM
Anne Gass 910-754-2300

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
4th Wednesday 10:00 AM-11:30 AM
Beth Caragol 910-471-1271
Rene` Tarquinio 910-454-0583

The Brunswick Center at Calabash
2nd Wednesday 2 PM – 3 PM
10050 Beach Drive, Calabash, NC
Holley Norris 910-754-7427 x 1301
hnnorris@bsrinc.org

NEW HANOVER COUNTY

The NHC Senior Resource Center
2222 S. College Rd. Wilmington
Wilmington, NC
3rd Monday 1:30 PM
Bart Canny 910-798-6402
bcanny@nhcgov.com

The Commons at Brightmore of Wilmington
2320 41st St.
Wilmington, NC
2nd Monday 11:45 AM light lunch
Marianna Stacy 910-512-9948

The NHC Senior Resource Center
Creative Outlet Support Group "a place
to create with other family caregivers"
Limited Space
2nd Tuesday 1:00 PM
Becky Hayes 910-798-6435

Parkinson's & Lewy Body Dementia

BRUNSWICK COUNTY

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
2nd Tuesday 9:30 AM
David Palmer 860-377-9663
Mike Haase 910-253-6025
ddpalmer1943@gmail.com

NEW HANOVER COUNTY

www.parkinsonandlewybody.org
4th Tuesday 1:30 PM
NHC Senior Resource Center
2222 S. College Rd.
Wilmington, NC
Jill Davenport 910-512-5976
wilmparkinsonlewybody@yahoo.com

Prostate Cancer

NEW HANOVER COUNTY

Prostate Cancer Support
NHRMC – auditorium
Wilmington, NC
1st Thursday 6:00 PM
George Gardner 910-762-9953
ggar104641@aol.com
wtroscasupportgp@aol.com
wilmingtonprostatecancersupportgroup.com
Henry Lathrop 910-799-5478

Multiple Sclerosis - MS

NEW HANOVER COUNTY

Wilmington MS Support Group
2nd Thursday at 7:00 PM
NHRMC Rehabilitation Hospital
2131 South 17th St.
Wilmington, NC

Open to anyone with MS &
Friends/Family

Lisa Burns 910-399-7252

Burns186@yahoo.com

Burt Masters 910-383-1368

happyheim@peoplepc.com

Blind/Visually Impaired

NEW HANOVER COUNTY

No meeting in Jan
Mar – Dec New Hanover County Senior Ctr.
2222 S. College Rd.
Wilmington, NC

Feb –Apr Jumpin Run Club
1801 Jumpin Run
Wilmington, NC

1st Thursday 10:00 AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

NEW HANOVER COUNTY

(Macular Degeneration) more clinical
than social

Wesley United Methodist Church
1401 S. College Rd.
Wilmington, NC

2nd Wednesday 10:30 AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

Grief

NEW HANOVER COUNTY

Lower Cape Fear Hospice website:
www.hospiceandlifecarecenter.org
910-796-7900

Beyond the Grief
Wilmington Funeral & Cremation Chapel
1535 S. 41st St.
Wilmington, NC
4th Tuesday 1:00 PM
Crystal Treanor 910-624-8664
crystaltreanor@wilmingtoncares.com

PENDER COUNTY

Facing Forward
<http://www.andrewsmortuary.com/?page=facingforward>
Debbie Miller 910-762-7788
dmiller@andrewsmortuary.com

Sip & Share
Continuum Home Care & Health
16717 US Highway 17 Suite 206
Hampstead, NC
3rd Thursday 11:00 AM – 12:00 PM
Amiee Kryszczynski, MSW 910-270-9212

Mental Illness

NEW HANOVER COUNTY

NAMI (National Alliance on Mental Illness)
Caring & Sharing Support Group
2nd Monday 7:00 PM-8:30 PM
Winter Park Presbyterian Church
4501 Wrightsville Avenue 2nd floor
Wilmington, NC
910-772-3074
www.namiwilmington.org

Mental Health Caregiver Support
4th Tuesday 1:30 PM
NHC Senior Resource Ctr. Craft Room 3
2222 South College Rd.
Wilmington, NC
Bart Canny 910-798-6402
bcanny@nhcgov.com

NAMI (National Alliance on Mental Illness)
Connections Recovery and Support Group
Wednesdays 3:30 PM – 5:00 PM
NHRMC
Behavioral Health Unit (formerly The Oaks)
2131 South 17th St.
Wilmington, NC
910-722-3074
www.namiwilmington.org

Aphasia

NEW HANOVER COUNTY

Aphasia Conversations Group
New Hanover Public Library
1241 Military Cutoff Road
Wilmington, NC
Dates vary. Please contact MaryAnn or
Dennis Fiume for details to join the group at
516-448-3061 or MaFiume@aol.com
For information about the group please
contact Erika Yourkiewicz at NHRMC
910-465-6766 or
Erika.Yourkiewicz@NHRMC.org