

**Caregiver Support Groups -
Alzheimer's & Related Dementia**

BRUNSWICK COUNTY

Brunswick Center at Supply
101 Stone Chimney Road
Supply, NC

2nd Thursday 2:00 PM-3:30 PM
Lindsey McClelland 910 754 7604 ext 1061
lmcclelland@bsrinc.org

St. Peter Lutheran Church Southport
3rd Wednesday 1:00 PM
Vicki Carlson bfairy65@gmail.com
Barbara Grever begrever@gmail.com

Carillon Assisted Living of Southport
1125 East Leonard Street
Southport, NC
2nd Thursday 1:00 PM
Richard Sanfilippo 910-454-4001

Strategic Behavioral Center in Leland
2050 Mercantile Dr.
Leland, NC
1st Wednesday 1:00 PM – 2:00 PM
Mary Ann 910-342-0455

NEW HANOVER COUNTY

1st Tuesday 12:00 PM
Holly Pilson 910-395-4553 ext. 204

Early Stages Memory Impairment
For persons with and their caregivers
Registration Req.
3rd Wednesday 10:00 AM
Andrew Zeldin 910-798-6445
azeldin@nhcgov.com
Holly Pilson 910-395-4553 ext. 204
hpilson@capefearcog.org

Visiting Angels
3205 Randall Parkway, Suite 111
Wilmington, NC
3rd Wednesday 1:00PM & 6:00PM
Ann LaReau 910-859-4607

Home Instead Senior Care
2505 S. 17th St., Suite 100
Wilmington, NC
1st Thursday 1:00 PM – 2:00 PM
Mary Ann 910-342-0455

Unity Church on Orchard
3rd Monday 5:30 PM- 6:45 PM
717 Orchard Ave Rm 202
Enter through door facing garage

Carol Wise, MSW, CDCP
336-558-6539
carolwise01@gmail.com

PENDER COUNTY

Livingstone's Tabernacle
127 Sloop Point Rd.
Hampstead, NC
2nd Monday 1:00 PM – 2:00 PM
Mary Ann 910-342-0455

Chronic Pain

NEW HANOVER COUNTY

"Supporting Balance" Chronic Pain
Support Group
3rd Thursday of every month
11:00 AM – 12:00 PM
Balance Integrative Care
2202 Wrightsville Avenue, Suite 211
Wilmington, NC
Sarah Brownlee 910-232-5778
balanceintegrativecare.com

**General Caregiver Support Groups
All Caregivers Welcome**

BRUNSWICK COUNTY

The Brunswick Center at Leland
121 Town Hall Drive
Leland, NC
2nd Thursday 10:00 AM-11:30 AM
Eileen Scanlon (516) 510-8925
eileenscanlon@gmail.com

Arbor Landing at Ocean Isle
5490 Arbor Branch Drive (2nd floor)
Shalotte, NC
2nd Thursday 6:00 PM
Peggy Haughey 910-754-8080

The Brunswick Center of Shalotte
2nd floor Meeting Room
Shalotte, NC
Every Tuesday 10:00 AM-11:00 AM
Anne Gass 910-754-2300

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
4th Wednesday 10:00 AM-11:30 AM
Beth Caragol 910-471-1271
Rene` Tarquinio 910-454-0583

NEW HANOVER COUNTY

The NHC Senior Resource Center
2222 S. College Rd. Wilmington
Wilmington, NC
3rd Monday 1:30 PM
Bart Canny 910-798-6402
bcanny@nhcgov.com

The Commons at Brightmore of Wilmington
2320 41st St.
Wilmington, NC
2nd Monday 11:45 AM light lunch
Marianna Stacy 910-512-9948

The NHC Senior Resource Center
Creative Outlet Support Group "a
place to create with other family
caregivers" Limited Space
2nd Tuesday 1:00 PM
Becky Hayes 910-798-6435

**Parkinson's & Lewy Body
Dementia**

BRUNSWICK COUNTY

The Brunswick Center at Southport
1513 N. Howe St., Suite 1
Southport, NC
2nd Tuesday 9:30 AM
David Palmer 860-377-9663
Mike Haase 910-253-6025
ddpalmer1943@gmail.com

NEW HANOVER COUNTY

www.parkinsonandlewybody.org
4th Tuesday 1:30 PM
NHC Senior Resource Center
2222 S. College Rd.
Wilmington, NC
Deb Shulse 910-612-2917
wilmparkinsonlewybody@yahoo.com

Prostate Cancer

NEW HANOVER COUNTY

Prostate Cancer Support
NHRMC – auditorium
Wilmington, NC
1st Thursday 6:00 PM
George Gardner 910-762-9953
ggar104641@aol.com
wtroscasupportgp@aol.com
wilmingtonprostatecancersupportgroup.com
Henry Lathrop 910-799-5478

Multiple Sclerosis - MS

NEW HANOVER COUNTY

Wilmington MS Support Group
2nd Thursday at 7:00 PM
NHRMC Rehabilitation Hospital
2131 South 17th St.
Wilmington, NC
Open to anyone with MS &
Friends/Family
Lisa Burns 910-399-7252
Burnsl86@yahoo.com
Burt Masters 910-383-1368
happyheim@peoplepc.com

Blind/Visually Impaired

NEW HANOVER COUNTY

No meeting in Jan
Mar – Dec New Hanover County Senior Ctr.
2222 S. College Rd.
Wilmington, NC
Feb –Apr Jumpin Run Club
1801 Jumpin Run
Wilmington, NC
1st Thursday 10:00 AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

NEW HANOVER COUNTY

(Macular Degeneration) more clinical
than social
Wesley United Methodist Church
1401 S. College Rd.
Wilmington, NC
2nd Wednesday 10:30 AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

Grief

Lower Cape Fear Hospice website:
www.hospiceandlifecarecenter.org
910-796-7900

PENDER COUNTY

Sip & Share
Continuum Home Care & Health
16717 US Highway 17 Suite 206
Hampstead, NC
3rd Thursday 11:00 AM – 12:00 PM
Amiee Kryszczynski, MSW 910-270-9212

Facing Forward
<http://www.andrewsmortuary.com/?page=facingforward>

List maintained by the Cape Fear Area Agency on Aging Family Caregiver Support Program. Contact Holly Pilson at 910-395-4553 or hpilson@capefearcog.org for additions. It can be found at <http://www.capefearcog.org/Area-Agency-on-Aging/Family-Caregiver-Support-Program>

Debbie Miller 910-762-7788
dmiller@andrewsmortuary.com

Mental Illness

NEW HANOVER COUNTY

NAMI (National Alliance on Mental Illness)
Caring & Sharing Support Group
2nd Monday 7:00 PM-8:30 PM
Winter Park Presbyterian Church
4501 Wrightsville Avenue 2nd floor
Wilmington, NC
910-772-3074
www.namiwilmington.org

Mental Health Caregiver Support
4th Tuesday 2:00 PM
NHC Senior Resource Ctr. Craft
Room 3
2222 South College Rd.
Wilmington, NC
Bart Canny 910-798-6402
bcanny@nhcgov.com

NAMI (National Alliance on Mental Illness)
Connections Recovery and Support Group
Wednesdays 3:30 PM – 5:00 PM
NHRMC
Behavioral Health Unit (formerly The Oaks)
2131 South 17th St.
Wilmington, NC
910-722-3074
www.namiwilmington.org