

**Caregiver Support Groups -
Alzheimer's & Related Dementia**

Brunswick County – Bolivia

Universal Healthcare
1700 Old Ocean Highway, Bolivia, NC
2nd Thursday 2:00 PM-3:30 PM
Heather Garrison Biagiotti 910-755-5955
Lindsay McClelland 910-754-2300
lmcclelland@bsrinc.org

Brunswick County – Southport

St. Peter Lutheran Church Southport,
NC
3rd Wednesday 1:00 PM
Alzheimers NC 800-228-8738

Brunswick County – Southport

Carillon Assisted Living of Southport
1125 East Leonard Street
2nd Thursday 1:00 PM
Richard Sanfilippo 910-454-4001

New Hanover Co. – Wilmington

1st Tuesday 12:00 PM
Holly Pilson 910-395-4553 ext. 204

New Hanover Co. – Wilmington

Early Stages Memory Impairment
For persons with and their caregivers
Registration Req.
3rd Wednesday 10:00 AM
Andrew Zeldin 910-798-6445
Holly Pilson 910-395-4553 ext. 204

Pender County – Burgaw

Pender Adult Service
901 S. Walker St. Burgaw
4th Thursday 11:30 AM
Holly Pilson 910-395-4553 ext. 204

Chronic Pain

New Hanover Co. – Wilmington

“Supporting Balance” Chronic Pain
Support Group
3rd Thursday of every month
11:00 AM – 12:00 PM
Balance Integrative Care
2202 Wrightsville Avenue, Suite 211
Sarah Brownlee 910-232-5778
balanceintegrativecare.com

**Parkinson's & Lewy Body
Dementia**

Brunswick County – Southport

The Brunswick Center at Southport
1513 N. Howe St., Suite 1 Southport
2nd Tuesday 9:30 AM
David Palmer 860-377-9663
Mike Haase 910-253-6025
ddpalmer1943@gmail.com

New Hanover Co. – Wilmington

www.parkinsonandlewybody.org
4th Tuesday 1:30 PM
NHC Senior Resource Center
2222 S. College Rd.
Deb Shulse 910-612-2917
wilmparkinsonlewybody@yahoo.com

**General Caregiver Support Groups
All Caregivers Welcome**

Brunswick County - Leland

The Brunswick Center at Leland
121 Town Hall Drive
2nd Thursday 10:00 AM-11:30 AM
Holly Pilson 910-395-4553 ext. 204

Brunswick County – Shallotte

Arbor Landing at Ocean Isle
5490 Arbor Branch Drive (2nd floor)
Shallotte
2nd Thursday 6:00 PM
Peggy Haughey 910-754-8080

Brunswick County – Shallotte

The Brunswick Center of Shallotte
2nd floor Meeting Room
Every Tuesday 10:00 AM-11:00 AM
Anne Gass 910-754-2300

Brunswick County – Southport

The Brunswick Center at Southport
1513 N. Howe St., Suite 1 Southport
4th Wednesday 10:00 AM-11:30 AM
Beth Caragol 910-471-1271
Rene` Tarquinio 910-454-0583

New Hanover Co. – Wilmington

The NHC Senior Resource Center
2222 S. College Rd. Wilmington
3rd Monday 1:30 PM
Bart Canny 910-798-6402
bcanny@nhcgov.com

New Hanover Co. – Wilmington

The Commons at Brightmore of
Wilmington
2320 41st St. Wilmington
2nd Monday 11:45 AM light lunch
Marianna Stacy 910-512-9948

New Hanover Co. – Wilmington

The NHC Senior Resource Center
Creative Outlet Support Group “a
place to create with other family
caregivers” Limited Space
2nd Tuesday 10:00 AM
Becky Hayes 910-798-6435

Prostate Cancer

New Hanover Co. – Wilmington

Prostate Cancer Support
NHRMC - auditorium
1st Thursday 6:00 PM
George Gardner 910-762-9953
ggar104641@aol.com
wtrscasupportgp@aol.com
wilmingtonprostatecancersupportgroup.com
Henry Lathrop 910-799-5478

Multiple Sclerosis - MS

New Hanover Co. – Wilmington

Wilmington MS Support Group
2nd Thursday at 7:00 PM
NHRMC Rehabilitation Hospital
2131 South 17th St.
Open to anyone with MS &
Friends/Family
Lisa Burns 910-399-7252
Burnsl86@yahoo.com
Burt Masters 910-383-1368
happyheim@peoplepc.com

Blind/Visually Impaired

New Hanover Co. – Wilmington

No meeting in Jan
Mar – Dec New Hanover County
Senior Ctr.
2222 S. College Rd. Wilmington
Feb –Apr Jumpin Run Club
1801 Jumpin Run Wilmington, NC
1st Thursday 10:00 AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

New Hanover Co. – Wilmington

(Macular Degeneration) more clinical than social

Wesley United Methodist Church
1401 S. College Rd. Wilmington, NC
2nd Wednesday 10:30 AM
Jennifer Delong-White 910-251-5743
Jennifer.Delong-White@dhhs.nc.gov

Grief

Lower Cape Fear Hospice website:
www.hospiceandlifecarecenter.org
910-796-7900

New Hanover Co. – Wilmington

Widows & Widowers Support Group
The W Meet-up “Because Life Goes On and So Must We”
Home Instead
2505 S. 17th St. Wilmington
2nd Tuesday 5:30 PM-7:30 PM
Ann LaReau 910-470-2378
Gayle Ginsberg 471-1660

Pender County – Hampstead

Sip & Share
Continuum Home Care & Health
16717 US Highway 17 Suite 206
Hampstead
3rd Thursday 11:00 AM – 12:00 PM
Amiee Kryszczynski, MSW 910-270-9212

Facing Forward

<http://www.andrewsmortuary.com/?page=facingforward>
Debbie Miller 910-762-7788
dmiller@andrewsmortuary.com

Mental Illness**New Hanover Co. – Wilmington**

NAMI (National Alliance on Mental Illness)
Caring & Sharing Support Group
2nd Monday 7:00 PM-8:30 PM
Winter Park Presbyterian Church 2nd floor
4501 Wrightsville Avenue
910-772-3074
www.namiwilmington.org

New Hanover Co. – Wilmington

Mental Health Caregiver Support
4th Tuesday 2:00 PM
NHC Senior Resource Ctr. Craft Room 3
2222 South College Rd.
Bart Canny 910-798-6402
bcanny@nhcgov.com

New Hanover Co. – Wilmington

NAMI (National Alliance on Mental Illness) Connections Recovery and Support Group
Wednesdays 3:30 PM – 5:00 PM
New Hanover Regional Medical Center
Behavioral Health Unit (formerly The Oaks)
2131 South 17th St.
910-722-3074
www.namiwilmington.org