

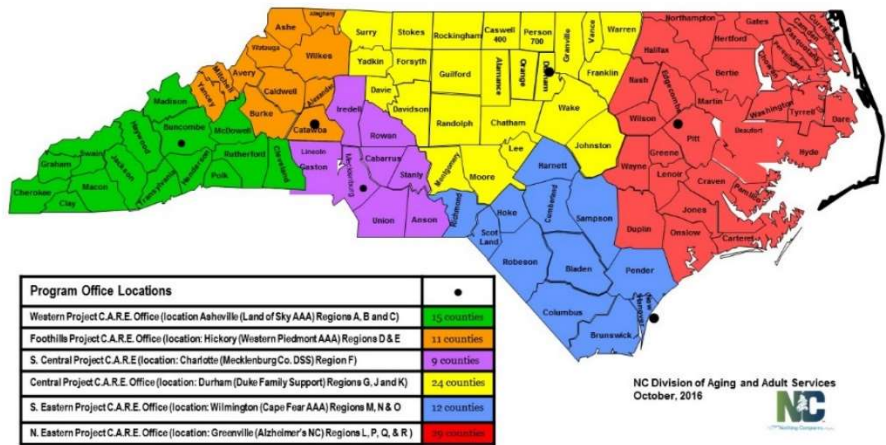


Project C.A.R.E. (**C**aregiver **A**lternatives to **R**unning on **E**mpy) is the only state-funded, dementia-specific support for caregivers who take care of loved-ones with Alzheimer’s disease or related dementias. Project CARE is a coordinated delivery system that is responsive to the needs, values and preferences of families who take care of family member’s with Alzheimer’s disease.

Project C.A.R.E. Services

- Offering persons with dementia and their caregivers counseling, care consultation, dementia-specific information, caregiver assessments, caregiver education, respite care, and connections to strong social support networks
- Connecting families with available community resources in an attempt to meet unmet needs of family caregivers including local support groups, supportive services, entitlement programs and other community resources
- Partnering with each Area Agency on Aging (AAA) through its Family Caregiver Support Program for cross-referrals and co-outreach, training and education
- Providing training and assistance to AAAs and the community-at-large to increase capacity to assist persons with dementia and their families
- Enhancing partnerships with and among the various entities serving persons with Alzheimer’s disease and assisting their caregivers
- Assisting to implement the Dementia Capable State Plan spearheaded by the Division of Aging and Adult Services (DAAS) in collaboration with identified partners
- If you are interested in learning more about Project CARE, please contact the State Project CARE Director Dawn Oakey Gartman, 919-855-3462 or a Family Consultant.

NC Project C.A.R.E.
(Caregiver Alternatives to Running on Empty)



Project C.A.R.E. Family Consultants:

WESTERN OFFICE

Nancy Hogan

nancy@landofsky.org

828-251-7432

Land of Sky Area Agency on Aging
339 New Leicester Hwy, Suite 140
Asheville, NC 28806

FOOTHILLS OFFICE

Karen Phoenix

Karen.phoenix@wpcog.org

828-485-4267

Western Piedmont Area Agency on Aging
1880 2nd Avenue NW
Hickory, NC 28601

SOUTH CENTRAL OFFICE

Pat Mayhew

Patricia.Mayhew@mecklenburgcountync.gov

980-314-7075

Ashley Stevens

Ashley.stevens@mecklenburgcountync.gov

980-314-7801

Mecklenburg Co. Dept. of Social Services
Valerie C. Woodard Center
3205 Freedom Drive
Charlotte, NC 28202

CENTRAL NC OFFICE

Bobbi Matchar

Bobbi.matchar@duke.edu

Janeli Smith

yaneli.smith@duke.edu

919-660-7510 or 800-646-2028

Duke Family Support
3600 DUMC
Durham, NC 27710

SOUTH EASTERN OFFICE

Audrey Marshall

amarshall@capefearcog.org

910-408-6365

Cape Fear Area Agency on Aging
1480 Harbour Drive
Wilmington, NC 28409

NORTH EASTERN OFFICE

Rosalind Pugh

rpugh@alznc.org

252-355-0054 or 252-414-3230

Alzheimer's NC
300 E. Arlington Blvd., Unit 9B
Greenville, NC 27834