**Caregiver Support Groups - Alzheimer’s & Related Dementia**

**Brunswick County – Bolivia**

Universal Healthcare

1700 Old Ocean Highway, Bolivia, NC

2nd Thursday 2:00 PM-3:30 PM

*Heather Garrison Biagiotti 910-755-5955*

**Brunswick County – Southport**

St. Peter Lutheran Church Southport, NC

3rd Wednesday 1:00 PM

*Melannie Pate 910-686-1944*

**Brunswick County – Southport**

Carillon Assisted Living of Southport

1125 East Leonard Street

2nd Thursday 1:00 PM

*Davina Schmidt 910-454-4001*

**New Hanover Co. – Wilmington**

Home Instead

2505 S. 17th St. Wilmington

2nd Thursday 1:00 PM

*Ann LaReau 910-342-0455*

**New Hanover Co. – Wilmington**

Home Instead

2505 S. 17th St. Wilmington

1st Tuesday 12:00 PM

*Holly Pilson 910-395-4553 ext. 204*

*Melannie Pate 910-686-1944*

**New Hanover Co. – Wilmington**

Early Stages Memory Impairment

For persons with and their caregivers

Registration Req.

3rd Wednesday 10:00 AM

*Andrew Zeldin 910-798-6445*

*Holly Pilson 910-395-4553 ext. 204*

**Pender County – Burgaw**

Pender Adult Service

901 S. Walker St. Burgaw

4th Thursday 11:30 AM

*Holly Pilson 910-395-4553 ext. 204*

**Pender County – Hampstead**

Livingstones Tabernacle

127 Sloop Point Loop Rd. Hampstead

2nd Thursday 6:00 PM

*Ann LaReau 910-342-0455*

**Chronic Pain**

**New Hanover Co. – Wilmington**

“Supporting Balance” Chronic Pain Support Group

3rd Thursday of every month

11:00 AM – 12:00 PM

Balance Integrative Care

2202 Wrightsville Avenue, Suite 211

*Sarah Brownlee 910-232-5778*

balanceintegrativecare.com

**Parkinson’s & Lewy Body Dementia**

**Brunswick County – Southport**

The Brunswick Center at Southport

1513 N. Howe St., Suite 1 Southport

2nd Tuesday 9:30 AM

*David Palmer 860-377-9663*

*Mike Haase 910-253-6025*

ddpalmer1943@gmail.com

**New Hanover Co. – Wilmington**

www.parkinsonandlewybody.org

4th Tuesday 1:30 PM

NHC Senior Resource Center

2222 S. College Rd.

*Deb Shulse 910-612-2917*

wilmparkinsonlewbody@yahoo.com

**General Caregiver Support Groups All Caregivers Welcome**

**Brunswick County - Leland**

The Brunswick Center at Leland

121 Town Hall Drive

2nd Thursday 10:00 AM-11:30 AM

*Holly Pilson 910-395-4553 ext. 204*

**Brunswick County – Shallotte**

Arbor Landing at Ocean Isle

5490 Arbor Branch Drive (2nd floor)

Shallotte

2nd Thursday 6:00 PM

*Peggy Haughey 910-754-8080*

**Brunswick County – Shallotte**

The Brunswick Center of Shallotte

2nd floor Meeting Room

Every Tuesday 10:00 AM-11:00 AM

*Anne Gass 910-754-2300*

**Brunswick County – Southport**

The Brunswick Center at Southport

1513 N. Howe St., Suite 1 Southport

4th Wednesday 10:00 AM-11:30 AM

*Beth Caragol 910-471-1271*

*Rene` Tarquinio 910-454-0583*

**New Hanover Co. – Wilmington**

The NHC Senior Resource Center

2222 S. College Rd. Wilmington

3rd Monday 1:30 PM

*Bart Canny 910-798-6402*

**New Hanover Co. – Wilmington**

The Commons at Brightmore of Wilmington

2320 41st St. Wilmington

3rd Monday 6:30 PM

*Marianna Stacy 910-512-9948*

**New Hanover Co. – Wilmington**

The NHC Senior Resource Center

ART Support Group “a place to create with other family caregivers” Limited Space

2nd Tuesday 10:00 AM

*Becky Hayes 910-798-6435*

**Prostate Cancer**

**New Hanover Co. – Wilmington**

Prostate Cancer Support

NHRMC - auditorium

1st Thursday 6:00 PM

*George Gardner 910-762-9953*

ggar104641@aol.com

wtroscasupportgp@aol.com

wilmingtonprostatecancercupportgroup.com

*Henry Lathrop 910-799-5478*

**Multiple Sclerosis - MS**

**New Hanover Co. – Wilmington**

Wilmington MS Support Group

2nd Thursday at 7:00 PM

NHRMC Rehabilitation Hospital

2131 South 17th St.

Open to anyone with MS & Friends/Family

*Lisa Burns 910-399-7252*

Burnsl86@yahoo.com

*Burt Masters 910-383-1368*

happyheim@peoplepc.com

**Blind/Visually Impaired**

**New Hanover Co. – Wilmington**

No meeting in Jan

Mar – Dec New Hanover County Senior Ctr.

2222 S. College Rd. Wilmington

Feb –Apr Jumpin Run Club

1801 Jumpin Run Wilmington, NC

1st Thursday 10:00 AM

*Jennifer Delong-White 910-251-5743*

Jennifer.Delong-White@dhhs.nc.gov

**New Hanover Co. – Wilmington**

(Macular Degeneration) more clinical than social

Wesley United Methodist Church

1401 S. College Rd. Wilmington, NC

2nd Wednesday 10:30 AM

*Jennifer Delong-White 910-251-5743*

Jennifer.Delong-White@dhhs.nc.gov

**Grief**

Lower Cape Fear Hospice website:

www.hospiceandlifecarecenter.org

910-796-7900

**New Hanover Co. – Wilmington**

Widows & Widowers Support Group

The W Meet-up “Because Life Goes On and So Must We”

Home Instead

2505 S. 17th St. Wilmington

2nd Tuesday 5:30 PM-7:30 PM

*Ann LaReau 910-470-2378*

*Gayle Ginsberg 471-1660*

**Pender County – Hampstead**

Sip & Share

Continuum Home Care & Health

16717 US Highway 17 Suite 206 Hampstead

3rd Thursday 11:00 AM – 12:00 PM

*Amiee Kryszczynski, MSW 910-270-9212*

**Facing Forward**

<http://www.andrewsmortuary.com/?page=facingforward>

*Debbie Miller 910-762-7788* dmiller@andrewsmortuary.com

**Mental Illness**

**New Hanover Co. – Wilmington**

NAMI (National Alliance on Mental Illness)

Caring & Sharing Support Group

2nd Monday 7:00 PM-8:30 PM

Winter Park Presbyterian Church 2nd floor

4501 Wrightsville Avenue

910-772-3074

[www.namiwilmington.org](http://www.namiwilmington.org)

**New Hanover Co. – Wilmington**

Mental Health Caregiver Support

4th Tuesday 2:00 PM

NHC Senior Resource Ctr. Craft Room 3

2222 South College Rd.

*Dianne Phillips, LPC, Certified Gerontologist 910-471-5028*

dsp1008@yahoo.com

**New Hanover Co. – Wilmington**

NAMI (National Alliance on Mental Illness) Connections Recovery and Support Group

Wednesdays 3:30 PM – 5:00 PM
New Hanover Regional Medical Center

Behavioral Health Unit (formerly The Oaks)

2131 South 17th St.

*910-722-3074*

[www.namiwilmington.org](http://www.namiwilmington.org)